
THE IMA SIDEKICK

Volume 6, Issue 2

September 2014

A Message from Kwan Jang Nim

It was a pleasure and an honor to attend the 10th IMA World Championships in Dublin. First, I would like to Thank Master Nar and the European IMA for their hard work and dedication and congratulate them for hosting a tremendous World Championships. I would also like to thank all of the Masters, Black Belts, Color Belts, volunteers and spectators for your effort and spirit in making this Championship such a great success.

I have spent my life training and teaching Tang Soo Do and organized the IMA to promote Tang Soo Do throughout the world. Observing the skills and spirit of competition and the brotherhood and camaraderie of IMA members from around the world is truly inspiring and fills me with joy.

Tang Soo!

Essay: Mission Statement

Dear Sirs/Ma'ams,

My name is Bob and I am 53 years old. I dreamed about doing martial arts since I was a boy, but my parents couldn't afford it. I am a recovering alcoholic and drug addict. I am in my 3rd year of recovery.

My goal for martial arts is to have self-discipline, strength, and courage to continue on in my journey.

I want to be a better son, father, and grandfather to my family. I want to better myself as a real human being with compassion towards others. Most of all I want to honor my late father, who I know is watching over me from above. I want to make him proud.

Thank you all for giving me this opportunity.

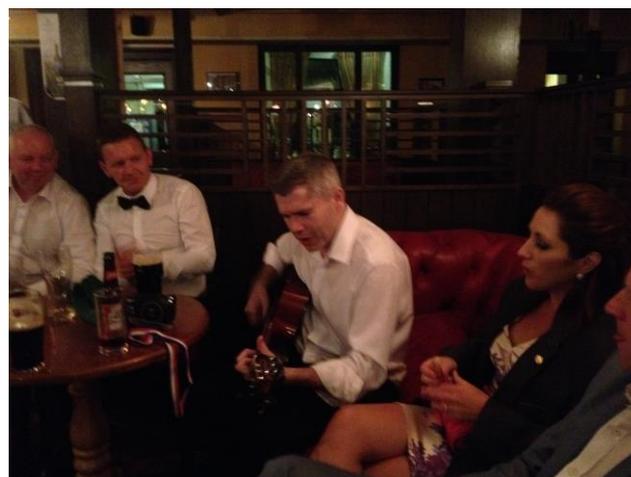
Respectfully yours,
Robert Dean

INSIDE THIS ISSUE

- 1 Message from Kwan Jang Nim
- 1 Essay: Mission Statement
- 2 10th IMA World Championships
- 3 Calendar of Events
- 3 Michigan IMA takes to the Great outdoors

Congratulations from Master Nar

What an event the 10th IMA world championships and IMA 30th anniversary celebration was, a huge success! Congratulations to Kwan Jang Nim and all IMA members who attended and congratulations to Team Ireland on winning the IMA Cup.



CALENDAR OF EVENTS

BLACK BELT TESTING

SATURDAY OCTOBER 25, 2014
IMA HEADQUARTERS
WOODBURY, NJ

2014 IRISH NATIONAL CHAMPIONSHIPS

OCTOBER 2014

EUROPEAN IMA MASTER TRAINING CAMP

NOVEMBER, 2014
MONAGHAN, IRELAND

BLACK BELT CEREMONY

SATURDAY DECEMBER 6, 2014
IMA HEADQUARTERS
WOODBURY, NJ

IMA HOLIDAY PARTY

SATURDAY DECEMBER 6, 2014
AULETTO'S CATERERS
ALMONESSEN, NJ

Michigan IMA Takes To The Great Outdoors

Inspired by martial arts films where practitioners have the opportunity to spend entire days training in a scenic, secluded wilderness, several members of Moo Duk Martial Arts Institute in Michigan recently spent a day at Murray's Lake honing their Tang Soo Do and Hapkido skills. The day began with an invigorating jog between two lakes and along wooded trails. This was followed by stretching exercises. The group then began a series of repetitive drills designed to develop and enhance students' abilities to express the "12 Characteristics of Hyung." The students were then directed to apply those characteristics to individual and group performances of forms. A full morning of training produced ferocious appetites and picnic lunches vanished quickly. Rested and refreshed, the students focused on developing balance by perching on stakes and performing multiple kicks through the rungs of a ladder. The students ended the day by practicing evasion, joint locks, take-downs and other self-defense techniques. Master Mark Fancher directed the day's activities. Participants included: Jackson Den Houter, Bennett Den Houter, Adam Riccinto, Jonathan Corcoran and Michael Godwin.

