
THE IMA SIDEKICK

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Kwan Jang Nim Yi (Grandmaster Ki Yun Yi)

Reprinted from the IMA Website – imabq.net

Master Ki Yun Yi has dedicated his life to the art of Tang Soo Do. As founder and President of Yi's Martial Arts Institutes, Inc., and the International Martial Arts Association, he is a moving force in the worldwide Tang Soo Do community. He strives to bring the art of Tang Soo Do to practitioners throughout the world, while maintaining the traditionalism and spirit of this ancient and time honored martial art.



continued on page 2

8th IMA World Championships

St. Patrick makes us look toward Ireland.

IMA World Championships

June 26, 2010

Dublin, Ireland

Travel, Competition, & Camaraderie

The IMA World Championships is truly *international*.

Competitors from many different countries, including USA, England, Ireland, Wales, Malta and Poland, should be in attendance.

Many of those traveling to Dublin, will make this an opportunity to take a family vacation in Ireland, and/or other parts of Europe. We usually take a **Wednesday evening** flight over, which arrives early **Thursday morning** (local time). Then there are some sightseeing excursions that you can take advantage of, since check-in at the hotel is not until mid-afternoon. After checking-in, most folks take a short nap and head to dinner, and for those with the inclination and ability it's out on the town in the evening.



Friday is a free day, although we do try to get a work-out and some practice in, for the tournament. There will also be Dan Testing and Masters Evaluation. In the evening there

INSIDE THIS ISSUE

- 1 Grandmaster Yi (Kwan Jang Nim)
- 1 IMA World Championships
- 3 2009 Garden State Championships
- 3 News from Europe
- 4 Let's go to Dublin in 2010
- 4 Martial Arts Benefits Children

Master Yi is a native of Yong In, South Korea, a small village near Seoul. Master Yi spent his childhood years in a country devastated by the Korean War. He began his training in Tang Soo Do at the age of nine, shortly after the Korean war ended, as a means of survival and self-protection. Among his early instructors were Master Song Si Kim and Master J. C. Shin, the founder of the World Tang Soo Do Association.



Master Yi excelled in martial arts and received his first degree black belt at the age of twelve. He decided early that he wanted a career in the Martial Arts. During the late 1960's and early 1970's, Master Yi taught Tang Soo Do at the Osan Air Force Base in Osan, South Korea. Master Yi also distinguished himself in national competition and won the Korean National Championship in 1970. In a country with limited educational and economic opportunities, his career in martial arts was the vehicle that allowed Master Yi to emigrate to the United States.



Master Yi came to the United States in 1974 to teach Tang Soo Do at the request of The Korean Soo Bahk Do Moo Duk Kwan Association of which he was then a member. He founded the first Yi's Martial Arts Institute in Woodbury, NJ in 1975. Over the last 34 years, Yi's Martial Arts Institutes have grown and prospered. Master Yi founded the International Martial Arts Association (IMA) in 1984, in an effort to retain the traditionalism paramount to the true spirit of Tang Soo Do.



Over the years, Master Yi has been featured in several martial arts publications, including **Black Belt Magazine**, **Tae Kwon Do Times**, and the UK's **Tae Kwon Do and Korean Martial Arts Magazine**.



Master Yi still teaches actively in addition to managing the affairs of Yi's Martial Arts Institutes and the growing International Martial Arts Association.

***Kwan Jang Nim Yi** will be celebrating his 35th Anniversary of teaching Tang Soo Do in the USA and the 25th Anniversary of the International Martial Arts association in 2009.*

Grandmaster Yi will also be holding his 33rd Invitational Tournament this year, the 2009 Garden State Martial Arts Championships.

Congratulations Kwan Jang Nim Yi



2009 GARDEN STATE CHAMPIONSHIPS

Grand Master Yi will be holding his 33rd annual tournament this year, the Garden State Championships 2009 Invitational Tournament. It is recommended that all students participate in this tournament and support Kwan Jang Nim Yi. This is a much bigger event than the inter-school tournament, with competitors from many different schools and styles in attendance.

This is a great opportunity to expand your knowledge of the Martial Arts. There will be a lot of interesting things to see, especially in the Black Belt Breaking and Weapons rings.

There will also be food and merchandise available. I would recommend that if you want a T-Shirt buy it early because they usually sell out quickly.

CALENDAR OF EVENTS

2009 GARDEN STATE CHAMPIONSHIPS

RIVERWINDS COMMUNITY CENTER
1000 RIVERWINDS DR.
THOROFARE, NJ 08086
(856) 251-0990

SATURDAY, MARCH 28, 2009

10:30 AM – OPENING CEREMONY

11:00 AM - ELIMINATIONS

IMA WORLD CHAMPIONSHIPS

JUNE 26, 2010

DUBLIN, IRELAND

Rooms are steadily getting booked up already at the Regency Hotel so the best advice is to book your room as soon as possible.

are informal get-togethers at the hotel and elsewhere.

Saturday (Tournament & Gala Celebration)

Saturday is in all-day Tournament event. At Dublin in 2010 the competition will be held right at the Regency Hotel. Master Nar has arranged some great rates for us right at this Four Star Hotel – just outside of Dublin proper. For those interested, a Gala Celebration dinner and disco will be held in the evening after the tournament.

For those travelling just for the tournament, Sunday is a free day and you would depart from Dublin early Monday morning, arriving in the USA on Monday afternoon. For those extending the trip, you will continue as you wish.

Camaraderie

Besides having a wonderful vacation in Ireland, an event like the IMA World Championships offers the opportunity to meet people from Ireland and other parts of Europe. You get to talk to these people (with whom you already have Tang Soo Do, in common) and build real friendships that can last a lifetime. Instead of just seeing the sights of Dublin, you will have real experiences with its people, and expand your knowledge well beyond that of the average tourist.

Many of those travelling to Dublin, Ireland will make this a Family Vacation in Ireland and/ or other parts of Europe.

News from Europe: by Master S. Nar

World Championship update: Rooms are steadily getting booked up already at the Regency Hotel so the best advice is to book your room as soon as possible. Information regarding alternative accommodation via Dublin Tourist information has previously been made available.

The championship gala dinner and disco/dance will be held in the evening of the 26-06-2010 following our World Championships. Dinner will commence at 8:00PM sharpe. Booking forms have already been dispatched and all forms with payments have to be received by the end of November 2009. No late bookings will be accepted. With your support we are sure this is going to be the best IMA event to date. Not only will there be demonstrations by European and USA select teams, there will also be a demonstration by Kwan Jang Nim.

In an ongoing commitment to advance and promote Tang Soo Do in Europe, Master Nar was recently the cover star of Ireland's 'Irish Fighter' magazine. Since his move to Ireland, TSD has seen steady growth and continues to devlope.

Let's Go to the 2010 IMA World Championships in Dublin, Ireland

Travelling to Dublin for the 2010 IMA World Championships is a fun and exciting proposition. Like anything that is worthwhile though, there is a cost for a trip like this. Following is the approximate cost in today's dollars and current exchange rate of \$1.27/1 Euro.

Air Fare - \$600 - \$800

Hotel (4 Nights @ 50 Euro's p.p.)* - \$260.00

Tournament (Competitors) - \$50.00 (Best Guess)

Gala Celebration (Opt.) – Adult \$45.00 Child \$23.00

Total for an Adult Competitor - \$910 - \$1,155.00

* Includes Full Breakfast

As you can see, attending this tournament is not cheap. However, I have attended all of our World Championships as well as all IMA European Championships, and I would say emphatically, that this experience is worth every penny.

In order to allow as many students as possible to attend the 2010 IMA World Championships, we will need to do some Fund Raising activities. Of course the sooner we start and the more funds we can raise the better, and I am hopeful that all students will participate in this endeavor.



Kwan Jang Nim & Master Nar with some European and USA Masters at the 1st All-Ireland Championships.

Martial Arts Benefits Children

Nancy Robinson
Martial Arts Examiner

There are many benefits of martial arts. Here are three strong reasons why martial arts training is great for children.

Problem: According to national statistics, approximately 30% of youngsters in the United States are involved in bullying behaviors – either as target or perpetrator. Bullies themselves tend to suffer from poor social skills and lack of discipline. Those being bullied often suffer from low self-esteem and personal insecurities that make them easy to pick on.

Solution: Martial arts empowers children and provides the structure, discipline, confidence and self-esteem building skills required for children to succeed in school, on the playground and in life. The inner strength they develop will help them avoid negative behaviors.

Problem: According to the National Youth Violence Prevention Resource Center, there is a close relationship between teens who use drugs or alcohol and those who are exposed to violent situations. One national 2007 survey of high schoolers revealed that at least 45% had engaged in drinking alcohol over a 30 day period.

Solution: Martial arts teaches the “clean body, clean mind” philosophy. Doing the right thing for yourself and others is not just suggested among true martial artists, it is required. Any reputable school will encourage students to live healthy, honorable lives. This includes teaching teens to avoid using alcohol or drugs by substituting positive behaviors and exercise.

Problem: The American Heart Association reports that in the United States, “more than nine million children and adolescents between the ages of 9 and 16 years are considered overweight”. See the report at www.americanheart.org.

Solution: Unlike seasonal sports, martial arts schools provide ongoing fitness programs that encourage muscle-building, fat-trimming, heart healthy activity for the ever-growing numbers of couch-potato youth.